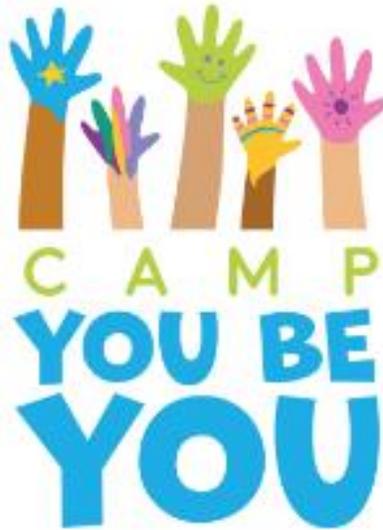


Welcome to Family Camp



Friday, October 11th - Sunday, October 13th
Camp Twin Lakes- Rutledge, GA

On behalf of Children's Healthcare of Atlanta, our staff, and our volunteers, welcome to You Be You family camp! We are so excited for your family to join us for a fun and memorable weekend experience. We hope that you'll enjoy the time with your family, meet new friends, and take advantage of all our camp adventures! Please take the time to read through this packet carefully, as it contains very important information you and your family will need in order to prepare for camp!

After reading through this packet, if you have any questions that were not addressed, feel free to contact Camp Director, Anna Steers, at anna.steers@choa.org or 404-785-0631.

We are looking forward to an amazing weekend with you and your family!

Family Weekend Information

What activities will be available to my family?

Camp You Be You Family Camp will offer a fun-filled, family-oriented schedule. We will have a weekend packed with both drop-in activities and special programs so your family can have fun on YOUR timeline! Activities may include boating, fishing, archery, horseback riding, the climbing wall, and more! At check in, you'll receive a full schedule that outlines all the opportunities available to you for the weekend, so you don't miss a thing.

Where and what will we be eating?

All meals are served out of our dining hall. Mealtimes will be outlined on our camp schedule. There will be several options at each meal, so every family member is sure to find something they'll enjoy. The dining hall staff is trained in accommodating for allergies and dietary restrictions, so please let us know if a member of your family has a concern that was not listed on your application. Snacks will be available at all times during the weekend.

What We Need to Know Before Camp

Does anybody in your group have a birthday while at camp?

If so, contact the Camp Director, Anna Steers at 404-785-0631 or e-mail anna.steers@choa.org before camp. We can provide a treat to celebrate if we know before camp begins!

Does anyone in your family have any special dietary needs, such as vegetarian or gluten-free?

These should have been included in your application but let us know of any changes since you applied. If we know ahead of time, we can cater to these needs.

Is there a change in the number of participants attending camp?

Housing assignments are made based on the number of applicants that was registered for. If this number changes, please let the camp director know before arriving to camp. Please limit family members to only those who reside in the household with the camper.

You Be You Family Camp Goals

During this weekend we want to...

- Provide a fun, educational, and activity centered experience to help promote unity within the family.
- Facilitate networking opportunities between families.
- Build a social network to help campers with developing their social skills.
- Develop more self-confidence and have better self-esteem.
- Have fun, safe and exciting camping adventures!

Your Family's Medical Needs

Medication:

- Family members will be responsible for keeping and dispensing their own medications.
- All parents or guardians will be responsible for providing their child's medications.
- Supply any medications that your family may need at camp.
- There will be a physician or nurse on staff for emergency cases only.
- If you have a medication that needs to be refrigerated, please let us know at check-in.

Other Medical Needs:

- If someone in your group has a wheelchair or other assistive device, please bring it to camp, even if they do not use it regularly. People may be more tired than usual due to activities and may need a break.
- Bring all assistive devices your camper may need while at camp.

Contacting Camp

BEFORE CAMP:

Contact Anna Steers, Camp Director, at 404-785-0631 or anna.steers@choa.org if you have any questions or concerns prior to camp.

DURING CAMP:

Call 404-805-3943 (Director's Cell Phone) or 706-557-9070 (Camp Twin Lakes Office). You may leave a voicemail and your call will be returned as soon as possible. Please only use this number in the case of emergencies or if you are late.

Packing List

- **CLOTHING**
 - Closed-toe shoes, such as sneakers
 - Shower shoes, such as flip flops
 - Pajamas
 - Rain Jacket and sweatshirt
 - Shirt for each day, plus 1 extra
 - Pair of shorts for each day, plus 1 extra
 - Pair of long pants (required for horseback)
 - Socks for each day, plus 1 extra
 - Pair of underwear for each day, plus 1 extra
 - Swimsuit
- **BEDDING/LINEN**
 - Beach towels
 - Laundry Bag or garbage bag for dirty clothing
 - Pillow and pillow case
 - Sleeping bag or set of twin sheets (top and bottom) with a blanket for each member
 - Bath towels and washcloths
- **TOILETRIES**
 - Brush or Comb
 - Shampoo & Conditioner
 - Body Soap
 - Deodorant
 - Toothpaste & toothbrush
- **MISCILLANEOUS**
 - Bug spray
 - Sunscreen
 - Flashlight
 - Water Bottle
 - Medications
 - Any items your camper likes to have with them (book, fidget toys, headphones, etc.).

Please do not bring clothing with objectionable or offensive messages, weapons (including pocketknives), and/or matches. Please note that cabins do not lock, and while camp is a safe place, we recommend leaving valuables at home.

Arrival and Departure

Arriving at camp

Families are welcome to arrive at camp between 4:00pm-8:00pm on Friday, October 13th. Please do not arrive any earlier than 4pm as we will be busy making our last-minute preparations for the week. If you will be arriving after 8:00 p.m., please let Anna Steers know so we can be expecting you. See directions to Camp Twin Lakes-Rutledge West below.

Departing from camp

Camp will wrap up around 2pm on Sunday. Families can leave earlier if needed. We will ask for your help with some quick tidying of your cabin before you leave (gathering trash, returning borrowed items, etc.)

Driving Directions

Camp Twin Lakes- Rutledge WEST
1391 Keencheefoonee Road
Rutledge, GA 30663

*** there are multiple Camp Twin Lakes Locations- make sure you are going to the **RUTLEDGE** location*

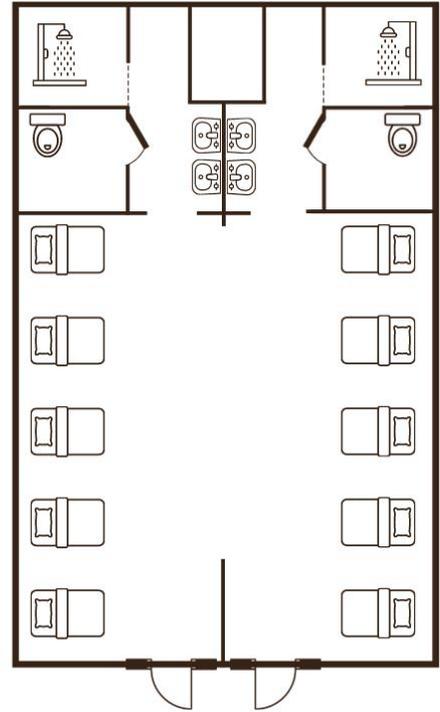
From Atlanta (approx. 1 hour):

- Take I-20 East to exit #105: Rutledge/Newborn.
- At the top of the ramp, turn right onto Newborn Road
- Travel ½ mile to Centennial Road
- Turn left onto Centennial Road
- Travel ½ mile to Keencheefoonee Road
- Turn right onto Keencheefoonee Road
- Travel ½ mile to Twin Lakes Road
- Turn Right onto Twin Lakes Road
- Once through the gate, turn left for Rutledge West and follow the road into camp

From Augusta (approx. 1.5 hours):

- Take I-20 West to exit #105- Rutledge/Newborn
- At the top of the ramp, turn right onto Newborn Road
- Travel ½ mile to Centennial Road
- Turn left onto Centennial Road
- Travel ½ mile to Keencheefoonee Road
- Turn right onto Keencheefoonee Road
- Travel ½ mile to Twin Lakes Road

Camp Twin Lakes Rutledge West Cabins



About the Cabin

- Each cabin will be split into 2 completely separate sides- divided by a room divider
 - Families with more than 6 members may have their own cabins
- Each family will have their own entrance with a private shower, bathroom, and sink.

Cabin Amenities Include

- Air Conditioning
- 2 shower stalls
- 2 bathroom stalls
- 4 sinks
- Shelves for storage
- 8 or 9 twin beds
- 2 bunk beds (twin sized on top and full sized on the bottom)



Inside a Cabin



Behavior Agreement

Below is a copy of the Behavior Agreement that was signed in your application

The primary goal of all our camp programs is to provide children with autism and their families with an enjoyable camp experience in an accepting and supportive setting. Our hope is that this will allow children with autism to be better equipped to engage in community activities, to make meaningful relationships, and to lead a more enjoyable, engaged life. To achieve this, we must take the safety and well-being of all attending camp as our first priority.

In order to help support the safety and enjoyment of all attending camp, it is expected that your camper will abide by the expectations of Camp You Be You and Camp Twin Lakes. Unsafe behaviors that are unmanageable by volunteers or negatively impacting the camp experience for other camp participants are not acceptable. This is including, but not limited to:

1. Persistent non-compliance with camp rules and procedures
2. Elopement (leaving area without permission) from activities
3. Behaviors that endanger the safety of him/herself or others including risky climbing, jumping, roughhousing, not following safety precautions, etc
4. Aggressive behavior or fighting
5. Stealing
6. Destructive behaviors
7. Bullying, teasing, threatening, or other non-physical behaviors significantly impacting the camp experience for other participants.

If these behaviors are noted to be a problem during the camp week, camp directors will discuss corrective actions and/or your family may be dismissed from camp. Please understand that this is our last resort and is reserved for situations when it is determined that the behaviors are unmanageable in the camp setting, creating an unsafe environment, and/or impeding the positive camp experience of other camp participants. Campers who are asked to leave may not be eligible for camps in the future; this is at the discretion of camp directors. Finally, we will not offer refunds when campers/families are asked to leave due to behavior concerns.

Sincerely,
The Camp You Be You Team